

## The Dale Association

The Dale Association is a not-for-profit organization providing an umbrella of human services for adults of all ages. Each service has the goal of enhancing the quality of life for people in Niagara County.

Founded in 1951 in response to a concern for older adults living alone and in need of social and recreational opportunities, The Dale Association expanded its reach and scope to offer mental health services for adults 18 and older, transportation, outreach and case management, in-home care services, senior advocacy, caregiver support services, enrichment and more.

**To learn how we can help you  
or someone you know,  
please visit us at:  
[www.daleassociation.com](http://www.daleassociation.com)  
or call our main office  
at: 716-433-1886.**



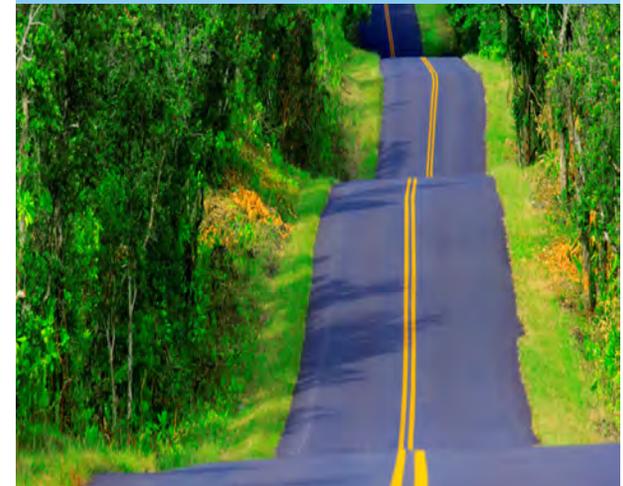
**PROS Center for Wellness**  
33 Ontario Street • Lockport, NY 14094  
Phone: 716-433-1937 • Fax: 716-433-1961  
[www.daleassociation.com](http://www.daleassociation.com)

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*Working toward an exceptional YOU.*

**What have you wanted  
to achieve in life that your  
illness has kept you  
from achieving?**



**The Dale Association is  
here to help you move on  
to the rest of your life.**

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## **What is the PROS Center for Wellness?**

PROS Center for Wellness is a comprehensive, recovery-oriented program for people 18 years and older with severe and persistent mental health conditions. PROS integrates treatment, support and rehabilitation in a manner that facilitates recovery, and the fulfillment of one's potential.

## **How is this program different from all the others?**

PROS is person-centered and designed with the core belief that you can achieve a measure of recovery and work toward attaining your desired goals. PROS works with your strengths and barriers, as well as your unique situation and illness(es). PROS focuses on each individual and the road map they need to achieve their personal best.

## **How do I know what's possible for me?**

PROS makes it possible for you to achieve your life goals. Whether you want to prepare for and secure gainful employment, improve family relationships, live independently, attain preferred housing, participate more fully in your community or reach higher education, *PROS Center for Wellness can help you.*

## **How will The Dale Association's PROS Center for Wellness help me meet my goals?**

Together with our professional staff, you'll be involved in all aspects of the services, from goal setting to service plan development and comprehensive review all along the way. PROS can also help you if you have co-occurring substance abuse in conjunction with your mental health condition.



## **You are not alone.**

It's estimated that 24,000 adults in Niagara County could benefit from mental health services, such as PROS.

The Dale Association has been providing mental health services to adults 18 and older, since 1974. Let our expertise, experience and dedication work for you.



## **How do I get started?**

Call today to schedule your pre-admission screening or to learn more at:

**716-433-1937.** Whether you already have a diagnosis or only suspect a diagnosis, our professional, experienced and caring staff will perform an assessment to determine if our PROS Center for Wellness is right for you.

We proudly accept Medicaid, and private pay. Transportation, breakfast and lunch are available.

“Mental health recovery is a journey of healing and transformation enabling a person with a mental health problem to live a meaningful life in a community of his or her choice while striving to achieve his or her full potential.” - *Department of Health and Human Services: Center for Mental Health Services.*

*This program receives support from the New York State Office of Mental Health; Niagara County Department of Mental Health, and New York Association of Psychiatric Rehabilitative Services.*

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